**Recipes for Social Change Cookbook Submission Guidelines:**

- Submit one to three recipes.
- Please avoid sending recipes that come directly from another cookbook. Slightly modified recipes are fine. If you choose to submit a slightly modified recipe, please include the source. (Don’t forget to list the year the recipe was published.)
- All text should be size 12, Times New Roman font. (Exception: the title should be size 18, Times New Roman.)

For ingredients use the following quantities:

- cup (not c.)
- tsp. (not teaspoon)
- Tbsp. (not Tablespoon or TBSP)
- oz. (not ounces)

**Recipe Template:**

**[Title: size 18, bold, centered]**

[Your name: **bold**], [Class Year: **bold**]

[Recipe source]

[Describe a special memory or tradition you associate with this recipe]

[Amount the recipe yields]

[Ingredients]

[Method: write in paragraph form--no numbering please.]